



# Live Your Bliss

## Jade Goddess Seminar

with  
Saida Desilets, Ph.D.

November 6-8, 2009



- Insight into the wisdom of our body
- Improve pelvic and sexual health
- Secrets of the Jade Egg practice
- Harmonize hormones and breast health
- Explore heart-centered sexuality
- Taoist alchemy for radiant vitality
- Discover the Art of Succulent Living

Saida Desilets, Ph.D., is an innovative and passionate Universal Tao instructor and author of *Emergence of the Sensual Woman* and producer of both *Tao of Ener'Chi DVD* and *Jade Goddess Practice CD*.

Weekend Seminar held in Thousand Oaks California

**\$350 before 10/23 and \$425 after**  
(includes \$100 non-refundable deposit)

Friday 6:30 - 9:30 pm, Saturday and Sunday 10 - 5 pm

Registration: [kelila@innergardensofhealing.com](mailto:kelila@innergardensofhealing.com)  
(805) 551-1740 [www.InnerGardensofHealing.com](http://www.InnerGardensofHealing.com)

To learn more see Saida's website: [www.TheDesiletsMethod.com](http://www.TheDesiletsMethod.com)