

The Path to Restoration

A Powerful Tool for People in All Stages of Recovery
Effective in Both Group and Individual Therapy

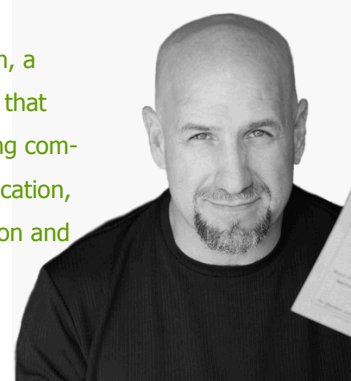
This workbook presents powerful clinical processes that quickly identify and manage...

Being in the mental health and substance abuse field for many years, I am always looking for ways to help find that AH HA moment that will start my clients on the road to recovery. I found this workbook and the exercises extremely helpful. Helping others actually look at high risk situations and helping them to think about how to manage them is crucial to recovery. This work book spells it out without searching for the right steps to discovery. It is clear and builds to a logical conclusion. Nicely done!

About the Author:

Bill Stierle, M.A. is an accomplished trainer who focuses on the concept of how individuals think. He provides classes and trainings based on The Herrmann Brain Dominance Model, cutting edge thinking and learning styles technology.

He is also a specialist in Nonviolent Communication, a technique developed by Marshall Rosenberg Ph.D. that reduces conflict and connects people with life giving communication. Also known as Needs-Based Communication, Bill's teachings in this area helps improve connection and emotional safety within relationships.



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The Path to Restoration

Practical Exercises for
People in all stages of recovery

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By Bill Stierle